



**THE CEDARS
ACADEMY**

Lionheart Educational Trust

SOCIAL, EMOTIONAL AND MENTAL HEALTH PROVISION MAP



**THIS DOCUMENT MAPS OUT OUR GRADUATED
RESPONSE TO OUR SEMH PROVISION**

EMOTIONAL SUPPORT

To ensure that secure emotional foundations are in place by providing a safe and supportive learning environment .



Universal provision (all pupils)	Targeted support	Outside support agencies
<ul style="list-style-type: none">• Every child is made to feel welcome, respected and valued by adults , the Cedars greeting and register protocols• Daily mood monitoring using the YouHQ app• Daily contact with tutor• Consistent classroom routines are embedded across the school• Staff model the behaviours they expect from pupils• Focus on rewarding the positives including behaviours, STEPS,SHAPE, SLANT, PROUD• Growth mindset approach – we are here to support you in your learning , use of metacognition strategies and narration.• Modelling of new learning to develop confidence• Learning is chunked into small achievable steps• Teachers use narration to explain to pupils how we learn• Adults show empathy when by stating ‘ I understand how you are feeling’• The personal development curriculum gives pupils the opportunity to discuss , feelings and emotions , including relationships.• Teachers frame feedback positively by using WWW and EBI• Learning support assistants support pupils who need additional support to access learning• Pupil premium mentor support PP pupils overcome any barriers to learning• Curriculum support centre available to support pupils with SEN needs with daily routines and emotional support• Student managers available to provide emotional support based upon need	<ul style="list-style-type: none">• Learning support assistants• ELSA• PP mentor	<p>Kooth</p> <p>Young minds</p> <p>Anna Freud - on my mind/</p> <p>Mind</p> <p>Beat - eating disorders</p> <p>My family coach</p>

SOCIAL AND MENTAL HEALTH SUPPORT



To ensure that pupils are supported in developing and managing their social skills including understanding about friendships and bullying .

Universal provision (all pupils)	Targeted support	Outside support agencies
<ul style="list-style-type: none"> • Staff model behaviour expected from pupils • Explicit teaching about healthy relationships , bullying and conflict as part of the Personal development and Assembly curriculum and programme. • Anti- bullying ambassador’s lunchtime support session • Staff are on duty at social times to support with any conflict or issues that arise • Constant reminders from Heads of year about expectations during social times • Quiet spaces available in the library and the Curriculum support centre 	<p>Tutor Head of year DSL@thecedarsacademy.org.uk cedantibullyingambassadors@thecedarsacademy.org.uk tellsomeone@thecedarsacademy.org.uk challengesexism@thecedarsacademy.org.uk</p>	<p>Anti-bullying The Diana Award anti-bullying initiatives Childline Anti-bullying alliance Beyond bullying Stonewall Crime Fearless Internet safety Childnet Cybersmile Think you know UK safer internet centre Family support My family coach</p>

SOCIAL AND MENTAL HEALTH SUPPORT

To ensure that transitions are supported to assist pupils in managing change



Universal provision (all pupils)	Targeted support	Outside support agencies
<ul style="list-style-type: none">• Transition mentor, student manager and SEN team work closely with our feeder primary schools to prepare children for change.• School works closely in contact with parents and children to ease children into change• Staff give pupils advance warning that learning is going to move onto the next phase.• Teachers give pupils thinking time ahead of cold calling.	<p>schoolenquiries@thecedarsacademy.org.uk</p> <p>Enhanced transition for pupils with SEN needs, attendance concerns, vulnerable students, PP, pupils highlighted by primary schools who would struggle with transition and need more time on site</p> <p>Nurture group run 2 x weekly supporting students who are struggling with transition</p> <p>Transition lead attached to year 7 until Christmas to support transition from 6-7.</p> <p>Additional tours by Head teacher, SENCO and transition lead to support students likely to find transition trickier.</p>	<p>My family coach</p>

SOCIAL AND MENTAL HEALTH SUPPORT



To ensure that pupils have support in self-regulating their behaviour and managing their anxiety

Universal provision (all pupils)	Targeted support	Outside support agencies
<ul style="list-style-type: none"> • Building secure relationships with adults in school combined with clear expectations and boundaries regarding behaviours. • Daily check in with tutors. • Learning is chunked down into small achievable steps • Use of seating plans to maximise each pupils learning • Use of pupil passport to meet the needs of individual learners • Availability of safe spaces for pupils to access when they need to withdraw to manage their emotions 	<ul style="list-style-type: none"> • LCFC mentor • PP mentor • ELSA • Pastoral hub referral • CSC referral • Alternative provision • Nail therapy group • Teenhealth • Relate counseling 	<p>Teenhealth Teenhealth</p> <p>SEMH SUPPORT NHS -my self-referral</p> <p>Social care -referral form Leicester city Multi-agency referral form Leicestershire Multi- agency referral form</p> <p>Family support My family coach</p>

SOCIAL AND MENTAL HEALTH SUPPORT

To ensure that pupils have support in managing significant life events and trauma.



Universal provision (all pupils)	Targeted support	Outside support agencies
<ul style="list-style-type: none"> • DSL's share information on a need -to -know basis • DSL's communicate to staff regarding Operation Encompass notifications to ensure • Safety plans are produced working in partnership with parents • Lead DSL with responsibility for LAC pupils and completion of their PEP's • Lead DSL advocate for young carers 	<ul style="list-style-type: none"> • LCFC mentor • PP mentor • ELSA • Pastoral hub referral • CSC referral • Alternative provision • Nail therapy group • Teenhealth • Relate counseling • Car mechanics 	<p>Bereavement Winston's wish</p> <p>Self - harm Harmless</p> <p>Papyrus</p> <p>Samaritans</p> <p>Sexual abuse Jasmine house</p> <p>Family action</p> <p>Family support My family coach</p> <p>Crisis Call 999</p>