

10 TOP TIPS REMOTE LEARNING FOR CHILDREN

Remote learning can be a great way to continue learning outside the classroom, particularly in difficult circumstances. For students, it's the perfect way to ensure they still get the education they need, despite not being at school. However it also requires a level of discipline and careful planning. That's why we've created this guide to help pupils understand different aspects of remote learning and to support them in ensuring their experience is as safe and secure as it can be.

1) Treat remote learning the same as 2) Use classroom language classroom learning If you are encouraged to communicate through emails and online Despite being at home, it's important to messages, don't use shorthand text speak and write as though you remember the same rules apply as being in the classroom, particularly in respect of behavior and would speak in class. Remember to be respectful and polite and avoid positing negative comments or spamming the chat. conduct. Focus on learning and don't get 0 distracted by your surroundings. 3) Take regular screen breaks 4) Always conduct video learning in an open space at home Whilst remote learning might be an exciting experience to begin with, having prolonged periods of time in front of a screen isn't always healthy. Remember To get the best experience from remote learning, it's important to create to have regular screen breaks where possible and in your spare time, try to get the right environment around you. Try to set up a mock 'classroom desk' some fresh air and enjoy other activities away from electronic devices. at home in an open space so parents can supervise if necessary. Avoid bedrooms as this could be considered inappropriate. ... 6) Stick to teacher rules and guidelines 5) Only communicate through approved school portals and platforms around online learning It's important that you send messages and any pictures or images Your school should issue you with guidance around remote learning and required for class through approved school channels, such as internal the rules to follow. Always maintain classroom behaviour and try to learning portals or approved platforms. This will help to keep your remember that you are in a learning environment and not a social personal information safe and secure. setting. 7) Dress in school uniform 8) Don't share passwords or other sensitive information As part of your learning environment, try to maintain school uniform/dress. This will help as part of replicating classroom learning in the home. Try to avoid wearing In order begin your online lessons or to gain access to learning materials, you may be provided with login details and passwords. In the same way you keep your personal details private, always keep these safe and never anything too casual as this could be deemed inappropriate share them with others. for school

9) Don't use school platforms to discuss personal matters

It's important to keep your school communication channels separate from your own personal communication with friends and family. Don't be tempted to engage in casual discussions or send images, videos or links via official school apps or platforms that aren't associated with



10) Look after your mental health and wellbeing

Remote learning ultimately means working alone and missing out on daily social interaction with your friends. If you ever feel frustrated, low or sad, it's important to discuss how you feel with your parents or your teacher. Keeping in touch with friends over the phone or on social media



your learning.

can also help to keep your spirits up.



www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety
Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.03.2020