



**THE CEDARS  
ACADEMY**  
Lionheart Educational Trust

# Study & Revision Skills Guide KS4

## Top tips and advice to support you through studying your GCSEs

Name		Tutor	
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**Year 11 Exam Information.** Use this table to record important information about each of the Year 11 exams you will be taking e.g. how many, length, content to revise etc.

English	
Maths	
Science	
Option 1	
Option 2	
Option 3	
Option 4	

## Day Planner: Autumn half term break 18<sup>th</sup> - 26<sup>th</sup> October 1 session is around 30 mins)

	English 4 sessions	Maths 4 sessions	Science 4 sessions	Option 1 3 sessions	Option 2 3 sessions	Option 3 3 sessions	Option 4 3 sessions
Saturday 18 <sup>th</sup> October							
Sunday 19 <sup>th</sup> October							
Monday 20 <sup>th</sup> October							
Tuesday 21 <sup>st</sup> October							
Wednesday 22 <sup>nd</sup> October							
Thursday 23 <sup>rd</sup> October							
Friday 24 <sup>th</sup> October							
Saturday 25 <sup>th</sup> October							
Sunday 26 <sup>th</sup> October							

## Weekly Subject planner – Autumn half term 2

<b>Week beginning</b>	<b>English 3 sessions</b>	<b>Maths 3 sessions</b>	<b>Science 3 sessions</b>	<b>Option 1 2 sessions</b>	<b>Option 2 2 sessions</b>	<b>Option 3 2 sessions</b>	<b>Option 4 2 sessions</b>
<b>27<sup>th</sup> October</b>							
<b>3<sup>rd</sup> November</b>							
<b>10<sup>th</sup> November</b>							
<b>17<sup>th</sup> November</b>							



# General Week planner – school term use alongside the diary if you want

Weekly revision topic planner– use alongside diary if you wish

	Revision topic 1	Revision topic 2	Revision topic 3	Revision topic 4	Revision topic 5	Revision topic 6
	Time:	Time:	Time:	Time:	Time:	Time:
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						

## Top 5 Tips for Revision and Exams



Exams and tests can be a stressful time for most students, but follow these straightforward ideas and you will be on top of your revision, and able to do your very best in the exams.

1. **Study in a quiet place away from distractions.** TURN YOUR PHONE OFF! Make sure your family know not to disturb you. Take regular short breaks as well. Studying for 30-40 minutes is normally as much as you can take in at one sitting.
2. **Make sure you have a sensible plan.** Use a revision timetable, and try to stick to it. If you miss a session, don't worry, just carry on where you left off. The better your routines are, the more efficient your revision will be.
3. **Use the best techniques!** Flashcards, mind maps (done WITHOUT looking at the book) making revision notes FROM MEMORY and answering questions are the best ways. Reading through textbooks or your notes is much less useful, even if it feels easier.
4. **Use your teachers.** They will help you if you are stuck, and have already written your week by week revision plan.
5. **Look after yourself.** Eat sensibly and get plenty of sleep. Drink plenty of water
6. **Watch your stress levels.** A bit of stress can actually be healthy and useful, and is to be expected. However, if you're panicking or losing sleep, make sure you talk to someone – parent, teacher, head of year or member of pastoral staff. We're here to support you!
7. **Trust the process.** If you work hard, revise sensibly, attend your lessons and interventions, and follow your plan, you WILL succeed.

